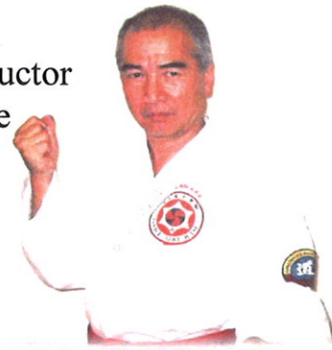


# TRAINING COURSE WITH SOKE KEIDO YAMAUE 10th DAN

Take this opportunity to train with one of the best instructor of traditional fighting art. Soke Yamaue is holder of the highest blackbelt rank, and he teaches Yamaue Aiki Jutsu, Kung-Fu and many other related fighting arts.



## September 13 - 14th of 2008.

The training will be held at the dojo of Arendal Jiu Jitsu club. Seek on [www.gulesider.no](http://www.gulesider.no) with "Hansnesveien 27C" for directions.

**Training no. 1 – Saturday 09:30 til 12:30.**

**Training no. 2 – Saturday 13:30 til 16:30.**

**Training no. 3 – Sunday 09:00 til 12:30.**

### PRICES & BOOKING

The price of each training is 180NOK (23€ / 18£). Or 500NOK (63€ / 50£) for the entire weekend. We allow maximum 30 participants, so registrate quickly, but within september 10th. There will be an age limit of 15 years.

### STAYING OVERNIGHT

We offer free overnight stay in our dojo, or you may book a hotelroom in Arendal downtown. Circa 15 minutes walk from dojo:

- Arendal Maritime Hotel – [www.arendalmaritime.no](http://www.arendalmaritime.no) – tlf. +47 37 00 07 20
- Thon Hotel Arendal – [www.thonhotels.no/arendal](http://www.thonhotels.no/arendal) – tlf. +47 37 05 21 50
- Clarion Hotel Tyholmen – tlf. +47 37 07 68 00

### SOCIALLY

Saturday evening at 20:00 we will meet for a dinner at Egon in Arendal downtown. (Standard restaurant prices.) Everybody may come, but we need booking within september 10th, because we need to make table reservation.

### CONTACT & INFO

Alf Eilertsen – e-mail. [alf@ajjk.no](mailto:alf@ajjk.no) – tlf. 911 20 003

Information on internet – [www.ajjk.no](http://www.ajjk.no)



*Pictures from the last time Soke Yamaue visited Arendal (2003).*

